



Dear Colleagues,

New Covid Directions came into effect from midnight 17 November. Here's a brief summary of what you need to know.

The following activities are not permitted (expected duration of 2 weeks) -

- Gyms
- Play cafes
- Trampoline centres or similar
- Sport at recreation centres
- Community sport (indoor / outdoor, contact / non-contact)
- Dance / yoga / pilates / spin classes
- Any activity with a previously approved COVID Management Plan must not be carried out for a period of two weeks from the commencement of the Direction

The following activities are permitted -

- Outdoor boot camps / personal training (complying with density and social distancing rules)
- Golf (as it is considered a recreational activity)
- Elite, professional and intra-school sports (Note: some school sport has already been cancelled. Please check with School Sport on this)
- Swimming for fitness or rehabilitation purposes at swimming pools used by the public (Note: some pools have made the decision to close, please check with your local pool)
- Indoor public meetings
- Onsite purchase and consumption of food or beverages, if -
 - food and beverages (including alcohol) are only consumed by patrons while seated
 - there are no communal food or beverage service areas (such as buffets, salad bars or communal water / beverage dispensers); and
- The total number of persons attending the place does not exceed 100 people (including outdoor seating); and

- The total number of persons on each table does not exceed 10

General directions -

- Density requirements have changed to 1 person per 4 square metres
- Physical distancing remains at 1.5 metres
- Private gatherings at licensed venues will be capped at 50, with 1 person per 4 sqm, no vertical (standing) consumption
- Hospitality (pubs, clubs, restaurants) capped at 100 per venue, with 1 person per 4 sqm, standing consumption including outdoor, max booking size 10, seated dining only
- Gatherings at private residences capped at 10 people

General advice -

- Consider working from home if you can
- Vulnerable people should remain at home
- Restrict all unnecessary travel/outings
- Wear a mask for activities where you cannot avoid crowds (e.g. bus/train travel)
- Get tested even if your symptoms are only mild
- Check SA Health website for locations/dates and times where isolation/testing is recommended

For the full Directions and FAQ's visit - <https://www.covid-19.sa.gov.au/>

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