



SAISA COMPETITION REQUIREMENTS

NATIONAL ONLINE COMPETITION 2020

- If you have cold or flu like symptoms such as a cough, sore throat, fever or shortness of breath please do not attend the competition
- Please do not attend if you have been directed to Isolate or Quarantine
- Facemasks are mandatory for ALL attendees over 12 years old (this includes, skaters, coaches, officials and guardians) Masks must be worn at all time apart from during on ice warm up and when competing.
- Be prepared to follow the direction of the official Covid Marshal and any SAISA officials. Anyone not following direction will be asked to leave the premises
- Registration is not necessary, if for any reason you are unable to attend please notify your coach who will then advise SAISA officials
- Please arrive at the rink competition ready in costume and makeup if applicable
- Skaters to warm prior to arriving at the rink
- Only one person may accompany competitors (excluding minor children who are unable to remain at home)
- One coach per skater
- Coaches are not to group at the barrier and must maintain a 1.5 metre distance at all times
- All skaters, coaches, officials and spectators are to follow the rink rules, looking out for the entry and exit signs, make use of the sanitising stations and provide contact tracing information if required.